

# Atlantis/CABCA Menus

2/4/19 - 6/19 June will be Cook's Choice

C-A participates in the Community Eligibility Provision (CEP) as part of the National School Lunch Program. Under this program, breakfast and lunch will be provided to all enrolled C-A students at no cost.

Fat Free/ Low Fat Milk & Fresh Fruit offered daily with meals.



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

		<b>Breakfast</b>					
		<i>Egg, Bacon &amp; Cheese Sandwich Pop Tarts- CABCA</i>	<i>Pancake on a Stick Wild berry Bread - CABCA</i>	<i>Assorted Cereal &amp; Muffin</i>	<i>Breakfast Pizza Granola Bar &amp; Cheese Stick - CABCA</i>	<i>Cinnamon Rolls Yogurt Parfait - CABCA</i>	
<b>Week One</b>	2/4 2/25 3/18 4/15 5/6 5/27	<b>Lunch</b>	Chicken Tenders Roll Mashed Sweet Potatoes	Taco Stick Corn Chips Pepper Slices	Nachos & Cheese Refried Beans Sour Cream	Sub Sandwich WG Chips Romaine Lettuce & Tomato Slices	No Lunches
<b>Week Two</b>	2/11 3/4 4/1 4/22 5/13	<b>Lunch</b>	Calzone Carrots w/ Ranch	Bacon Cheeseburger/ Bun WG Chips Baked Beans	Macaroni & Cheese Hot Spinach Muffin	Pepperoni Pizza Broccoli & Cauliflower / Ranch	No Lunches
<b>Week Three</b>	2/18 3/11 4/8 4/29 5/20	<b>Lunch</b>	Crazy Cheese Breadsticks Marinara Sauce Carrot Sticks / Ranch	Chicken Nuggets Breadstick Cucumbers Slices & Celery Sticks	Nachos & Cheese Refried Beans Sour Cream	Hot Ham & Cheese Sandwich WG Chips Lettuce Leaf & Tomato Slice	No Lunches

Menu subject to change  
Without Notice.

Child Nutrition Department  
810.591.3220

USDA and this institution are equal  
opportunity providers and  
employers.