



CAMS Menus

2/4/19-6/19 June will be Cook's Choice

C-A participates in the Community Eligibility Provision (CEP) as part of the National School Lunch Program. Under this program, breakfast and lunch will be provided to all enrolled C-A students at no cost.

Fat Free/ Low Fat Milk & Fresh Fruit offered daily with meals.

Additional Fruit & Vegetables Offered @ lunch

Nachos, Chicken Patty on Bun, Pizza or Salad w/ Roll Offered daily @ lunch

Monday

Tuesday

Wednesday

Thursday

Friday

		Breakfast					
		<i>Egg, Bacon & Cheese Sandwich</i>	<i>Pancake on a Stick</i>	<i>Assorted Cereal & Muffin</i>	<i>Breakfast Pizza</i>	<i>Cinnamon Rolls</i>	
Week One	2/4 2/25 3/18 4/15 5/6 5/27	Lunch	Chicken Bowl w/ Dinner Roll Mashed Potatoes / Gravy Corn	Chili Cheese Fries Baby Carrots / Ranch	Macaroni & Cheese Steamed Broccoli Muffin	Chicken Tenders WG Dinner Roll Corn on the Cob	Chili Koegel's Hot Dog or Koegel's Hot Dog on Bun x2 <i>WE Serve The Curve!</i> Oven Fries Baked Beans
Week Two	2/11 3/4 4/1 4/22 5/13	Lunch	Calzone Carrots w/ Ranch	Beef Mostaccioli Garlic Toast Hot Broccoli	Broken Hearted Taco Colorful Pepper Slices Sour Cream Diced Tomatoes	Orange Chicken w/ Rice Dinner Roll California Blend	Cheeseburger or Hamburger on Bun WG Chips Baked Beans
Week Three	2/18 3/11 4/8 4/29 5/20	Lunch	Meatball Sub Oven Fries	Chicken Nuggets Warm Breadstick Mashed Sweet Potatoes	Beef or Chicken Tacos Sour Cream Refried Beans	Cheese Ravioli w/ Spaghetti Sauce WG Muffin Steamed Spinach	Turkey & Gravy over Rice Dinner Roll Corn on the Cob

Menu subject to change Without Notice.

Child Nutrition Department
810.591.3220

USDA and this institution are equal opportunity providers and employers.